

Healing Center for Behavioral Health

Back to School Groups

We're offering several groups to help you manage back-to-school issues and help your kids develop healthy social skills and manage relationships. Our programs will help kids discover the tools of the trade that will help them walk confidently through life.



Let's Make Friends

Social Skills Group for grades 3-6

Our Social Skills Groups provides children with fun opportunities to build peer relationships. We'll use games, role playing and therapeutic techniques to promote healthy social skills in a positive and supportive environment. Skills will help kids improve self-esteem and gain social confidence.



Wednesdays, 6:15 - 7:15 pm.

Facilitated by Kasia Budyn MA, LCPC
& Theresa Workman MSW, LCSW

LET'S GET SOCIAL

Group for middle school & high school kids

Food

FUN

Activity-focused, interactive get-togethers that will emphasize appropriate socialization, strategies for balancing a busy teen life, managing relationships and healthy risk-taking.



Wednesdays, 7:30-8:30 pm

Facilitated by Kasia Budyn MA, LCPC
& Theresa Workman MSW, LCSW

All groups will meet
Wednesday evenings

October 5th - 26th

4 Sessions

If you are not a Healing Center client, Initial Consultation required. Most insurance accepted, or self-pay rates available.

Keep Calm and Parent On Parent Support Groups

Get professional guidance for typical parenting issues in a sharing environment; groups will meet in tandem with the kids' groups but not be limited to parents of group attendees.

Facilitated by Jessica Davis MS, LCPC & Christina Matthews MA, MS, LCPC

If you have additional questions, or to register for any of these groups,
Contact our front desk staff



**HEALING CENTER FOR BEHAVIORAL
HEALTH**

1005 W. Laraway Road, Suite 230
New Lenox, IL 60451
815-570-9303